

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Linden Lady Milk Chocolate Bar with Fruit Nut & Pumpkin Seeds 100g
Manufacturer's Name and Address	LINDEN LADY CHOCOLATES LTD, WALNUT TREE FARM, COPFORD, COLCHESTER, ESSEX, UK, CO6 1DR
Supplier Name and Address	Linden Lady Chocolate, WALNUT TREE FARM, COPFORD, COLCHESTER, ESSEX, CO6 1DR
Ingredients	Milk Chocolate: Sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, natural vanilla flavour, Min cocoa solids: 30%, Milk solids: 20%. White Chocolate; Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, flavour vanilla. Decorations: sugar, PECANS (NUTS) , ALMONDS (NUTS) , cranberries, pumpkin seeds. Allergen SULPHUR DIOXIDE (SULPHITES)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	UK
Storage Instructions	IN DRY OUT OF DIRECT SUNLIGHT 12- 22C
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2336	Energy (kcal)	558	Salt	0.2
Fat	36.7	of which saturates	21		
Carbohydrate	50	of which sugars	48.3		
Fibre		Protein	7.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	Yes		

Name of Product	Maxwell & Franks 4" Round Fruit Cake topped with Glacé Cherries and Flaked Almonds 400g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, UK, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, BA12 8BT
Ingredients	Sultanas (47%) (Sultanas, Sunflower Oil), Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Whole & Broken Glacé Cherries (7%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Colour (Erythrosine), Preservative: SULPHUR DIOXIDE), Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Whole EGG , Glucose Syrup, Black Treacle (Cane Molasses, Invert Sugar Syrup), Blanched Flaked ALMONDS (NUTS) (1.5%), Humectant (Vegetable Glycerine), Whey Powder (MILK), Raising Agent (Diphosphates, Sodium Carbonates, Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Liquid Glaze [Glucose Syrup. Water, Sugar, Gelling Agent (Pectin, Carrageenan, Xanthan Gum), Acidity Regulator (Citric Acid, Trisodium Citrate, Tricalcium Phosphate), Preservative (Potassium Sorbate), Firming Agent (Potassium Chloride)]

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from Sunlight
Instructions for use	Once opened store in cool dry place and consume within 3 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1436	Energy (kcal)	340	Salt	0.36
Fat	6.8	of which saturates	2.3		
Carbohydrate	66	of which sugars	54		
Fibre	0	Protein	3.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	Yes		

Name of Product	Reids Honey & Oatmeal Oat Crumbles 150g
Manufacturer's Name and Address	Reids Bakery (Thurso) Ltd., Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Supplier Name and Address	Reids of Caithness, Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Ingredients	OATS (34%), Butter (MILK , salt), Sugar, WHEAT flour (with calcium carbonate, iron, niacin, thiamin), Honey (3%), Golden Syrup, Raising agents (diphosphates, sodium carbonates).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Peanuts, Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened store in an airtight container.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2161	Energy (kcal)	517	Salt	0.7
Fat	26.6	of which saturates	15.2		
Carbohydrate	61.1	of which sugars	27		
Fibre		Protein	6.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Van Roy Mint Creams 90g
Manufacturer's Name and Address	Whitakers Chocolates, 85 Keighley Road, Skipton, North Yorkshire, United Kingdom, BD23 2NA
Supplier Name and Address	The House of Sarunds Limited, Unit 1 Holland Way, Blandford Forum, Dorset, United Kingdom, DT11 7SX
Ingredients	Fondant 63% (sugar, glucose syrup, water), Dark Chocolate 36% (cocoa mass, sugar, cocoa butter, emulsifier: SOYA lecithin), Peppermint oil, Stabiliser: invertase. Dark chocolate contains cocoa solids 55% minimum.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place, away from direct sunlight.
Instructions for use	none
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1801	Energy (kcal)	428	Salt	0.03
Fat	12.4	of which saturates	7.5		
Carbohydrate	75.4	of which sugars	67.7		
Fibre	2	Protein	2.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/ceeliac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Edinburgh Tea & Coffee Company Medium Roast Ground Coffee in Kraft Bag with Gold Label 113g
Manufacturer's Name and Address	Edinburgh Tea & Coffee Company Ltd, 15G, 214 SIR HARRY LAUDER ROAD, EDINBURGH, City of Edinburgh, United Kingdom, EH15 2QA
Supplier Name and Address	Edinburgh Tea & Coffee Co Ltd, 15G, 214 SIR HARRY LAUDER ROAD, EDINBURGH, City of Edinburgh, United Kingdom, EH15 2QA
Ingredients	Coffee

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place, away from direct sunlight.
Instructions for use	Cafetiere – 1. Boil the water and warm jug. 2. Spoon coffee into the jug allowing one heaped dessert spoon (7g) per cup required. 3. Pour in water and stir. 4. Allow to stand for 3-5 minutes depending on how strong you like your coffee. Filter Machine – 1. Use fresh cold water. 2. Spoon coffee into the jug allowing one heaped dessert spoon (7g) per cup required. 3. Follow machine instruction for use.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/ceciac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Maxwell & Franks Chocolate Cake with Fudge Pieces & White Chocolate Curls 200g
Manufacturer's Name and Address	Maxwell and Franks, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell and Franks, Boundary House, Little Down Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Light Brown Sugar (Sugar, Cane Molasses, Invert Sugar Syrup), Whole EGG , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Glucose Syrup, Dark Chocolate Chips (9%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Vegetable Glycerine (Rapeseed Oil), Fat Reduced Cocoa Powder, Dark Chocolate Icing [Sugar, Vegetable Oil (Rapeseed, Palm), Glucose Syrup, Fat Reduced Cocoa Powder, Emulsifiers (Mono-and Diglycerides of Fatty Acids (Palm Oil), SOYA Lecithin), Salt, Preservative (Potassium Sorbate), Natural Flavouring], Caramel Fudge Pieces (Sugar, Sweetened Condensed MILK , Glucose Syrup, Palm Oil, Water, Salt), Raising Agent (Diphosphates, Sodium Carbonates, Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), White Chocolate Curls (Sugar, Cocoa Butter, Whole MILK Powder, Lactose (MILK), Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Preservative: Potassium Sorbate.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place.
Instructions for use	Once opened consume within 3 days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1823	Energy (kcal)	435	Salt	0.53
Fat	20	of which saturates	7.9		
Carbohydrate	56	of which sugars	32		
Fibre	0	Protein	6.1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		